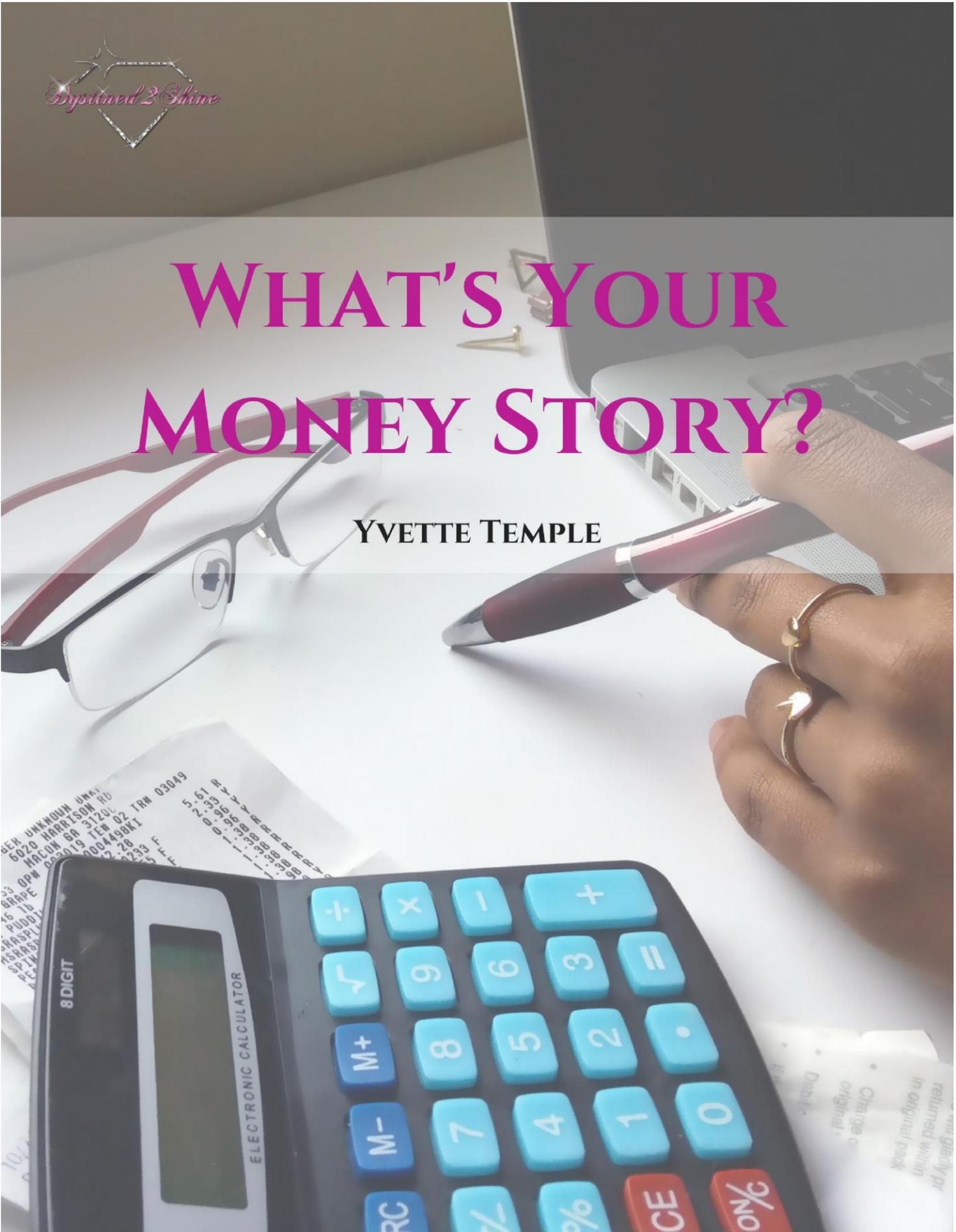




# WHAT'S YOUR MONEY STORY?

YVETTE TEMPLE





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- I understand that I have a personal, individual 'money story' that may be getting in the way of my financial success
  
- My money story is:
  - The 'Doomed' Story
  
  - The 'Money is Evil' Story
  
  - \_\_\_\_\_
  
- I am actively listening for, and reframing, negative money mantras and disempowering phrases I often repeat to myself
  
- I am working on eliminating guilt from my money responses
  
- I understand that negative money stories all operate powerfully out of fear
  
- I have identified myself as having one or more of the following prosperity blockage symptoms:
  - Money guilt
  
  - Lack of confidence
  
  - Procrastination
  
  - Being financially tongue-tied
  
  - Hours for dollars persistence
  
  - Putting up with negative situations
  
  - Working for peanuts



I understand that repeatedly engaging in any of these ‘symptoms’ is an important clue and indicator that my money story is not yet a healthy one

- The ‘symptom’ that resonates the most with me is:

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- I understand that the responsibility and choice to create a new positive money story lies solely with me

- I am taking these specific, active steps:

- Learning not to blame myself for not having a perfect money story
- Learning not to blame others for my financial stresses and decisions
- Listening actively for negative mantras or self-talk I habitually engage in
- Refusing to engage in any more negative self-talk

- I am now engaging in a three-step process to not only stop the negative self-talk, but create healthy, powerful new mantras:

- Identifying the negative mantra
- Running a reality check by asking: “Is that a realistic statement?”
- Creating a new, reality-based mantra or response I can believe in—and act upon

- I am repeating to myself daily: “I am not responsible for someone else’s choices, decisions and behaviors—no matter how close they are to me. And they are not responsible for my choices, decisions and behaviors”

- I understand that I do not have to explain my financial decisions: I just have to make them and state them. And re-state them as many times as necessary



- I understand that people cling to negative money stories out of fear of success, as well as fear of failure
  
- I understand that I will never change my money story by being passive and wishing for change: Instead, I need to set in place...
  - Commitment
  
  - Action
  
  - Perseverance
  
  - New responses
  
- I am committed to changing my money story one step at a time ... starting today! Contact our team at [bit.ly/chatwithyvette](https://bit.ly/chatwithyvette) to schedule a complimentary Discovery Call.